

Foyers

If you are a young person who is homeless, in danger of becoming homeless, or are in an unsafe situation, we can help.

Foyers are supported housing units and can provide accommodation for up to 119 young people (16-25) in Plymouth, Torbay, Launceston, Bodmin, Padstow, Truro and Redruth.

Our referral process assesses whether we can offer you the help you need. When someone moves into a Foyer, a specialist key worker will assist them to create their own Personal Development Plan. We place a big emphasis on education, training and employment.

This [leaflet](#) explains more about what Foyers are, when and where they started, and how they might be able to help you.



For more information on Foyers, click [here](#).

Further information

Childline Help with a range of issues including bullying, sex abuse, gangs, pregnancy, drugs, families and more. Tel: 0800 1111

Connexions If you are aged between 13 and 19, Connexions can give you information and advice on a range of issues that might effect you. Tel: 080 800 132 19

The Princes Trust A charity that helps change young lives. Tel: 0800 842 842

Brook National voluntary sector provider of free and confidential sexual health advice and services specifically for young people under 25. Tel: 0808 802 1234

Beat Beat is the leading UK charity for people with eating disorders and their families. Tel: 08456 341 414

Talk to Frank Free and confidential information about drugs. Tel: 0800 77 66 00

Women's Aid Women's Aid is the key national charity working to end domestic violence against women and children. 24 hour national domestic violence helpline: 0808 2000 247

Young carers An online community of young carers for discussion or for advice from qualified youth workers.